

# Study Programme

Academic year 2025-2026

# Faculty of Medicine and Health Sciences Master of Science in Movement and Sports Sciences -- Sports Training and Coaching

## Language of instruction: Dutch

### Programme version 3

1	General	Courses			22 (	credits
Nr	Course		CRDT	Ref MT1	Session	Study
1	D013523	Contemporary Movement and Sport Activities Frederik Deconinck Department of Movement and Sports Sciences	3	1	A:J	90
2	D013166	Communication Skills Peter Vermeir Dean's Office of the Faculty of Medicine and Health Sciences	3	1	A:2	90
3	D013115	Advanced Research Methodology and Statistics Sofie Compernolle Department of Movement and Sports Sciences	4	1	A:1	120
4	D013117	Sports and Physical Exercise as Medicine Eline Lievens Department of Movement and Sports Sciences	4	1	A:J	120
5	D013118	Sports Event Management [en] Annick Willem Department of Movement and Sports Sciences	5	1	A:J	150
6	D013116	Sports Technology and Innovation [en] Matthieu Lenoir Department of Movement and Sports Sciences	3	2	A:J	90
2	Courses	s Related to the Main Subject			53 (	credits
Nr	Course		CRDT	Ref MT1	Session	Study
1	D013524	Injury Prevention and Sports Traumatology [en] Veerle Segers Department of Movement and Sports Sciences	5	1	A:2	150
2	D013133	Sports Physiology and Health Related Issues in High Performance Sports Jan Bourgois Department of Movement and Sports Sciences	5	1	A:1	150
3	D013171	Sports Psychology and Coaching Leen Haerens Department of Movement and Sports Sciences	4	1	A:1	120
4	D013128	Strength and Conditioning in Health and Performance [en] Jan Boone Department of Movement and Sports Sciences	7	1	A:J	210
5	D012328	Internship in Sport Training: Youth and Regional Competition including a Competence-Oriented Portfolio Jan Boone Department of Movement and Sports Sciences	6	1	A:J	180
6	D013132	Applied Sports Biomechanics [en] Veerle Segers Department of Movement and Sports Sciences	4	2	A:1	120
7	D013130	Genetics of Sports and Movement Olivier Vanakker Department of Biomolecular Medicine	3	2	A:1	90
8	D013131	Talent Identification and Development in Sports [en]   Matthieu Lenoir Department of Movement and Sports Sciences	4	2	A:1	120
9	D013134	Sports Performance Data Analysis [en] Frederik Deconinck Department of Movement and Sports Sciences	3	2	A:1	90
10	D012332	Internship in Sport Training: National Competition including a Competence-Oriented Portfolio Jan Boone Department of Movement and Sports Sciences	12	2	A:J	360

3 Minors

Subscribe to 1 minor from the following list.

18 credits

#### 3.1 Minor Nutrition

r Course		CRDT	Ref MT1	Session	Stuc
D013660	Human Nutrition 2 Wim Derave Department of Movement and Sports Sciences	5	1	A:2	150
D013661	Human Nutrition in Specific Target Groups Greet Cardon Department of Movement and Sports Sciences	4	1	A:J	12
D013662	Sports Nutrition 2 Wim Derave Department of Movement and Sports Sciences	4	2	A:J	120
D013663	Clinical Sports Nutrition Wim Derave Department of Movement and Sports Sciences	5	2	A:J	15
_	research	0007			01
r Course		CRDT	Ref MT1	Session	Stud
D013124	Research Skills in Activity- and Sport Sciences I	4	1	A:J	12
	Delfien Van Dyck Department of Movement and Sports Sciences				
D013125	Research Internship in Sports- and Activity Sciences I Delfien Van Dyck Department of Movement and Sports Sciences	5	1	A:J	15
D013125 D013126	Research Internship in Sports- and Activity Sciences I	5	1 2	A:J A:J	15 12

Subscribe to 3 credit units from the study programmes of Ghent University, distributed over the first standard learning path as follows: 3 credit units in year 2. Subject to approval by the faculty.

Students	can	also	take	courses	from	the	Ghent	University	Flective	Course List
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5 Master's Dissertation 24 cre						credits
N	Course		CRDT R	ef MT1	Session	Study
1	D012030	Master's Dissertation I Kobe Vermeire Department of Movement and Sports Sciences	6	1	A:J	180
2	D013165	Master's Dissertation II Kevin Caen Department of Movement and Sports Sciences	18	2	A:J	540

Teaching

When a course is not taught (solely) in the programme's language of instruction, the effectively used languages are indicated in square brackets following the cours name, using the following ISO codes:

da: Danish en: English it: Italian no: Norwegian ru: Russian sv: Swedish	bg: Bulgarian cs: Czech da: Danish	de: German el: Greek en: English	es: Spanish fr: French it: Italian	ja: Japanese nl: Dutch no: Norwegian	pl: Polish pt: Portuguese ru: Russian	sh: Kroatian/Serbian sl: Slovene sv: Swedish	zh: Chinese
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#### Semester

Semesters are indicated by their number (1 or 2); semester 3 represents the summer period and J indicates a course spanning semesters 1 and 2. When a capital letter precedes a semester number, the course has multiple offerings. The letter indicates the offering concerned. When a semester is shown in brackets, the course in not offered this year in the specific offering. The offering frequency and first year of offering are indicated by the following codes:

a: bi-annually	c: annually, from 2026-2027	f: annually, from 2027-2028	i: annually, from 2028-2029
b: tri-annually	d: bi-annually, from 2026-2027	g: bi-annually, from 2027-2028	j: bi-annually, from 2028-2029
	e: tri-annually, from 2026-2027	h: tri-annually, from 2027-2028	k: tri-annually, from 2028-2029