

# Course Specifications

Valid as from the academic year 2024-2025

# Psychosocial Health (D013243)

Course size (nominal values; actual values may depend on programme)

Credits 5.0 Study time 150 h

Course offerings in academic year 2025-2026

null

#### Lecturers in academic year 2025-2026

De Guchtenaere, Ann	GE35	lecturer-in-charge
Beyers, Wim	PP07	co-lecturer
De Jaegere, Eva	GE34	co-lecturer
VAN HOECKE, ELINE	GE35	co-lecturer

#### Offered in the following programmes in 2025-2026

crdts offering

null

# Teaching languages

Dutch

#### Keywords

psychosocial health, school children, adolescents, normal psychological development, behavioral and emotional problems, suicide, eating disorders

# Position of the course

This course deals with focus points of the psychosocial development and health of children and adolescents and behavioral and emotional problems.

# Contents

The normal psychosocial development of children and youngsters.

Screening of behavioral and emotional problems in children and youngsters.

A willful teenager: a whim or something else?

- · Problematic puberty
- · Options for intervention

Suicide and automutilation:

- Prevalence and determinants of suicide in youngsters
- Options for intervention and prevention at school
- Options for intervention and prevention in school health care

Eating disorders:

- Overview of the problem, including treatment options
- Questions and discussion, including the guideline on eating disorders in school health care

# Initial competences

The Advanced Master builds upon the competences achieved in the Master of Medicine.

# Final competences

- 1 to know the focus points of the psychosocial development and health of children and adolescents
- 2 to be able to describe the problems related to these topics, with a special focus on behavioral and emotional problems
- 3 to know the methods of prevention, detection, analysis and care related to these topics
- ${\bf 4}\,$  to be able to apply these methods in cases related to Youth Health Care
- 5 to be able to describe the systems of care related to these topics, and to develop

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a prevention policy within the existing network of care in Flanders

#### Conditions for credit contract

Access to this course unit via a credit contract is determined after successful competences assessment

#### Conditions for exam contract

This course unit cannot be taken via an exam contract

#### Teaching methods

Lecture

#### Extra information on the teaching methods

- · Home reading tasks.
- · Interactive lectures.
- Input of student's own practical experience.

#### Study material

None

#### References

#### Course content-related study coaching

#### Assessment moments

end-of-term assessment

#### Examination methods in case of periodic assessment during the first examination period

Oral assessment

#### Examination methods in case of periodic assessment during the second examination period

# Examination methods in case of permanent assessment

#### Possibilities of retake in case of permanent assessment

examination during the second examination period is possible

# Extra information on the examination methods

The evaluation is based on

- An oral clarification regarding of a case prepared by the student at home which
  the student receives prior to the exam and for which he returns the preparation
  prior to the exam;
- An oral clarification of a combined case which the student receives just prior to the exam and for which an written preparation is done at the examination site based on the course material;
- The score of the written case prepared at home represents 60% of the total score and the case that is prepared at the location of the exam 40%;

The exam is part of a combined exam taken together with other thematic courses organized during the same academic year.

#### Calculation of the examination mark

The score of the written case prepared at home represents 60% of the total score and the case that is prepared at the location of the exam 40%.

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