

## Psychosocial Health (D013243)

**Course size** *(nominal values; actual values may depend on programme)*

**Credits 5.0**

**Study time 150 h**

**Course offerings in academic year 2025-2026**

null

**Lecturers in academic year 2025-2026**

De Guchteneere, Ann

GE35

lecturer-in-charge

Beyers, Wim

PP07

co-lecturer

De Jaegere, Eva

GE34

co-lecturer

VAN HOECKE, ELINE

GE35

co-lecturer

**Offered in the following programmes in 2025-2026**

**crdts**

**offering**

null

**Teaching languages**

Dutch

**Keywords**

psychosocial health, school children, adolescents, normal psychological development, behavioral and emotional problems, suicide, eating disorders

**Position of the course**

This course deals with focus points of the psychosocial development and health of children and adolescents and behavioral and emotional problems.

**Contents**

The normal psychosocial development of children and youngsters.

Screening of behavioral and emotional problems in children and youngsters.

A willful teenager: a whim or something else?

- Problematic puberty

- Options for intervention

Suicide and automutilation:

- Prevalence and determinants of suicide in youngsters

- Options for intervention and prevention at school

- Options for intervention and prevention in school health care

Eating disorders:

- Overview of the problem, including treatment options

- Questions and discussion, including the guideline on eating disorders in school health care

**Initial competences**

The Advanced Master builds upon the competences achieved in the Master of Medicine.

**Final competences**

1 to know the focus points of the psychosocial development and health of children and adolescents

2 to be able to describe the problems related to these topics, with a special focus on behavioral and emotional problems

3 to know the methods of prevention, detection, analysis and care related to these topics

4 to be able to apply these methods in cases related to Youth Health Care

5 to be able to describe the systems of care related to these topics, and to develop a prevention policy within the existing network of care in Flanders

**Conditions for credit contract**

Access to this course unit via a credit contract is determined after successful competences assessment

### **Conditions for exam contract**

This course unit cannot be taken via an exam contract

### **Teaching methods**

Lecture

### **Extra information on the teaching methods**

- Home reading tasks.
- Interactive lectures.
- Input of student's own practical experience.

### **Study material**

None

### **References**

### **Course content-related study coaching**

### **Assessment moments**

end-of-term assessment

### **Examination methods in case of periodic assessment during the first examination period**

Oral assessment

### **Examination methods in case of periodic assessment during the second examination period**

### **Examination methods in case of permanent assessment**

### **Possibilities of retake in case of permanent assessment**

examination during the second examination period is possible

### **Extra information on the examination methods**

The evaluation is based on

- An oral clarification regarding of a case prepared by the student at home which the student receives prior to the exam and for which he returns the preparation prior to the exam;
- An oral clarification of a combined case which the student receives just prior to the exam and for which an written preparation is done at the examination site based on the course material;
- The score of the written case prepared at home represents 60% of the total score and the case that is prepared at the location of the exam 40%;

The exam is part of a combined exam taken together with other thematic courses organized during the same academic year.

### **Calculation of the examination mark**

The score of the written case prepared at home represents 60% of the total score and the case that is prepared at the location of the exam 40%.