

Psychosocial Health (D013243)

Course size *(nominal values; actual values may depend on programme)*

Credits 5.0 **Study time 150 h**

Course offerings in academic year 2026-2027

A (Year)	Dutch	Gent
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Lecturers in academic year 2026-2027

De Guchtenaere, Ann	GE35	lecturer-in-charge
Beyers, Wim	PP07	co-lecturer
De Jaegere, Eva	GE34	co-lecturer
VAN HOECKE, ELINE	GE35	co-lecturer

Offered in the following programmes in 2026-2027

Master of Medicine in Youth Health Care	crdts	offering
	5	A

Teaching languages

Dutch

Keywords

psychosocial health, school children, adolescents, normal psychological development, behavioral and emotional problems, suicide, eating disorders

Position of the course

This course deals with focus points of the psychosocial development and health of children and adolescents and behavioral and emotional problems.

Contents

The normal psychosocial development of children and youngsters.
Screening of behavioral and emotional problems in children and youngsters.
A willful teenager: a whim or something else?
• Problematic puberty
• Options for intervention
Suicide and automutilation:
• Prevalence and determinants of suicide in youngsters
• Options for intervention and prevention at school
• Options for intervention and prevention in school health care
Eating disorders:
• Overview of the problem, including treatment options
• Questions and discussion, including the guideline on eating disorders in school health care

Initial competences

The Advanced Master builds upon the competences achieved in the Master of Medicine.

Final competences

- 1 to know the focus points of the psychosocial development and health of children and adolescents
- 2 to be able to describe the problems related to these topics, with a special focus on behavioral and emotional problems
- 3 to know the methods of prevention, detection, analysis and care related to these topics
- 4 to be able to apply these methods in cases related to Youth Health Care
- 5 to be able to describe the systems of care related to these topics, and to develop

a prevention policy within the existing network of care in Flanders

Conditions for credit contract

Access to this course unit via a credit contract is determined after successful competences assessment

Conditions for exam contract

This course unit cannot be taken via an exam contract

Teaching methods

Lecture

Extra information on the teaching methods

- Home reading tasks.
- Interactive lectures.
- Input of student's own practical experience.

Study material

None

References

Course content-related study coaching

Assessment moments

end-of-term assessment

Examination methods in case of periodic assessment during the first examination period

Oral assessment

Examination methods in case of periodic assessment during the second examination period

Examination methods in case of permanent assessment

Possibilities of retake in case of permanent assessment

examination during the second examination period is possible

Extra information on the examination methods

The evaluation is based on

- An oral clarification regarding of a case prepared by the student at home which the student receives prior to the exam and for which he returns the preparation prior to the exam;
- An oral clarification of a combined case which the student receives just prior to the exam and for which an written preparation is done at the examination site based on the course material;
- The score of the written case prepared at home represents 60% of the total score and the case that is prepared at the location of the exam 40%;

The exam is part of a combined exam taken together with other thematic courses organized during the same academic year.

Calculation of the examination mark

The score of the written case prepared at home represents 60% of the total score and the case that is prepared at the location of the exam 40%.