

## Personality Psychology (H002125)

**Course size** *(nominal values; actual values may depend on programme)*

**Credits 4.0** **Study time 120 h**

### Course offerings in academic year 2026-2027

B (semester 1) Dutch Gent

### Lecturers in academic year 2026-2027

Franssens, Raissa	PP07	lecturer-in-charge
Verbeke, Lize	PP07	co-lecturer
Wille, Bart	PP07	co-lecturer

### Offered in the following programmes in 2026-2027

	<b>crdts</b>	<b>offering</b>
<a href="#">Bachelor of Science in Psychology(main subject Clinical Psychology)</a>	4	B
<a href="#">Bachelor of Science in Psychology(main subject Education)</a>	4	B
<a href="#">Bachelor of Science in Psychology(main subject Personnel Management and Industrial Psychology)</a>	4	B
<a href="#">Bachelor of Science in Psychology(main subject Theoretical and Experimental Psychology)</a>	4	B
<a href="#">Bachelor of Science in Psychology (Joint Section)</a>	4	B
<a href="#">Linking Course Master of Science in Psychology(main subject Clinical Psychology)</a>	4	B
<a href="#">Linking Course Master of Science in Psychology(main subject Theoretical and Experimental Psychology)</a>	4	B

### Teaching languages

Dutch

### Keywords

Personality theories  
Personality assessment  
Temperament and Personality development  
Personality in daily life  
Personality pathology

### Position of the course

This course is situated within the Bachelor program (2nd year) Psychology.

### Contents

This course addresses the following topics:

- contemporary theories/models of personality
- assessment of personality
- biological and behavioral-genetic perspective on personality
- Stability and change of temperament and personality across the life span (infancy, childhood, adolescence, early-mid-late adulthood)
- personality disorders: content, assessment, and development across the life course
- personality from a forensic perspective
- personality and functional domains of living:
  - school experience, career choice, dark professional functioning, life-long learning
  - romantic relations, family life, and parenting
  - peer-relationships
  - quality of life, health and longevity
  - life-events and coping

## **Initial competences**

This course builds on certain course competences of Differential Psychology.

## **Final competences**

- 1 To explain and apply different perspectives on personality and (abnormal) personality development
- 2 To be aware of strengths and weaknesses of different methods of personality assessment
- 3 To discuss personality pathology from a categorical versus a dimensional framework
- 4 To evaluate the relevance of scientific studies. To interpret research results in view of the research hypothesis
- 5 To indicate how (maladaptive) personality traits are significant in daily life across different contexts. To understand the relative significance of personality in human functioning against the background of other psychological factors
- 6 To explain the relevance of personality information for understanding maladaptive behavior. To use and apply personality information in the course of profiling of socially-deviant behavior

## **Conditions for credit contract**

Access to this course unit via a credit contract is determined after successful competences assessment

## **Conditions for exam contract**

This course unit cannot be taken via an exam contract

## **Teaching methods**

Seminar, Lecture, Independent work

## **Extra information on the teaching methods**

Lectures with demonstrations and assisted self-tuition; Students have to study chapters and a set of scientific papers themselves, and contact the instructor in case of problems

Seminar in which students actively process information on personality relying on a self-assessment, in order to learn to apply and integrate theoretical learning content on the description and measurement of personality

## **Study material**

Type: Handbook

Name: Personality psychology: domains of knowledge about human nature

Indicative price: € 65

Optional: no

Language : English

Author : Larsen, Buss, Wlsmeijer & Song

ISBN : 978-1-52684-787-4

Number of Pages : 694

Oldest Usable Edition : 3rd edition

Online Available : Yes

Available in the Library : No

Available through Student Association : Yes

Usability and Lifetime within the Course Unit : regularly

Usability and Lifetime within the Study Programme : regularly

Additional information: Het boek wordt voor 2 opleidingsonderdelen gebruikt: de helft van het boek wordt gezien in BA1 Differentiële Psychologie, de andere helft wordt geïntegreerd in het opleidingsonderdeel Persoonlijkheidpsychologie

## **References**

Corr, P. J., & Matthews, G. (2020). *The Cambridge Handbook of Personality Psychology*. New York: Cambridge University Press.

Costa, P. T., & Widiger, T. A. (2012). *Personality Disorders and the Five-Factor Model of Personality*. Washington DC: American Psychological Association.

Dilalla, L. F., & Gottesman, I. I. (2004). *Behavior Genetics Principles: Perspectives in Development, Personality, and Psychopathology*. Washington DC: American Psychological Association.

Lejuez, C.W., & Gratz, K.L. (2020). *The Cambridge Handbook of Personality Disorders*. New York: Cambridge University Press.

Oldham, J. M.,& Skodol, A. E. (2021). *The American Psychiatric Association*

Textbook of Personality Disorders. Washington DC: American Psychiatric Publishing.  
Widiger, T.A. (2015). The Oxford Handbook of the Five-Factor Model. Oxford  
University Press.

#### **Course content-related study coaching**

- Support via Ufora
- Office hours: Tuesday afternoon
- Email

#### **Assessment moments**

end-of-term and continuous assessment

#### **Examination methods in case of periodic assessment during the first examination period**

Written assessment with multiple-choice questions, Written assessment with open-ended questions

#### **Examination methods in case of periodic assessment during the second examination period**

Written assessment with multiple-choice questions, Written assessment with open-ended questions

#### **Examination methods in case of permanent assessment**

Participation

#### **Possibilities of retake in case of permanent assessment**

examination during the second examination period is possible in modified form

#### **Extra information on the examination methods**

##### **EXPLANATION OF PERIODIC EVALUATION**

Multiple choice exam for the evaluation of theoretical knowledge and insights, open-ended questions to evaluate the obtained competency level of the contents that were covered during the seminar

##### **EXPLANATION OF CONTINUOUS ASSESSMENT**

Attendance and participation in the seminar is obligatory. In case of non-attendance and/or non-participation, the student cannot pass this course.

#### **Calculation of the examination mark**

The final score is the score on the multiple choice and open-ended questions exam on 20 points.

#### **Addendum**

Due to the tasks which are part of the seminars it will no longer be possible to enroll in this course, starting from the Monday of schoolweek 3.