

Practice of Clinical Psychology: Observation and Reflection (H002178)

Course size *(nominal values; actual values may depend on programme)*

Credits 3.0 **Study time 90 h**

Course offerings and teaching methods in academic year 2025-2026

A (Year)	Dutch	Gent	independent work	
			seminar	
			lecture	
			work placement	0.0h

Lecturers in academic year 2025-2026

Vanhalst, Janne	PP07	lecturer-in-charge
De Clercq, Barbara	PP07	co-lecturer
De Fruyt, Filip	PP07	co-lecturer
Vanheule, Stijn	PP08	co-lecturer
Vervoort, Tine	PP05	co-lecturer

Offered in the following programmes in 2025-2026

	crdts	offering
Bachelor of Science in Psychology(main subject Clinical Psychology)	3	A

Teaching languages

Dutch

Keywords

professional development, reflection, orientation

Position of the course

This course can be situated at the beginning of the program Clinical Psychology

Contents

In this course, the student gets acquainted with the daily activities of a clinical psychologist in a multi-disciplinary clinical setting, via an in-depth interview with a clinical psychologist and a 4-day observational internship. In addition to 2 plenary sessions, this course includes three sessions of self-reflection that are built around a number of themes related to professional development. These sessions aim to stimulate students' self-reflection with regard to (1) the professional role of the clinical psychologist, and (2) the extent to which this profession converges with their interests, expectations, and skills. At the end of the course, a personal appointment is made with the coach to discuss the individual trajectory.

Initial competences

All courses situated in the category of model-based courses throughout the first and second bachelor year of psychology are considered as relevant to successfully proceed towards professional growth and orientation.

Important: The Faculty's Curriculum Committee has implemented a GIT rule which states that students who still need to complete 60 or more credits to obtain the bachelor's degree in clinical psychology may not include the course 'Practice of Clinical Psychology: Observation and Reflection' in their curriculum .

Final competences

- 1 Time management as reflected in the ability to efficiently plan tasks, to honour commitments, and to meet deadlines.
- 2 To demonstrate insight in own strengths and weaknesses with regard to the

profession of clinical psychologist.

- 3 To be able to substantiate the choice to continue (or to not continue) the educational program of clinical psychology.
- 4 To be able to adequately communicate with professionals.
- 5 To show a constructive attitude when receiving feedback.
- 6 To show balance between active participation and listening during the reflection sessions.
- 7 To have a respectful attitude in interaction with professionals.
- 8 To be aware of the importance of a decent appearance in a professional context.
- 9 To be able to summarize the daily activities and policy of the professional setting in a concise way.
- 10 To be able to express a personal opinion about the way a clinical setting operates from a nuanced perspective.

Conditions for credit contract

This course unit cannot be taken via a credit contract

Conditions for exam contract

This course unit cannot be taken via an exam contract

Teaching methods

Seminar, Lecture, Independent work, Work placement

Extra information on the teaching methods

4-day observational internship, preparatory tasks related to the reflection sessions, online learning path in preparation of the interview, personal analysis of strengths and weaknesses with regard to the competencies that are required for a clinical psychologist

Due to GDPR legislation regarding participant data, and the importance of independent clinical reasoning and self-reflection as a final competency, the use of generative artificial intelligence (GAI) for editing/creating the written assignment or any of its parts (even with anonymized texts) is not permitted. Therefore, the use of any generative AI system in the assignment is explicitly prohibited and may lead to disciplinary proceedings.

Study material

Type: Slides

Name: Slides ter ondersteuning van de 2 plenaire sessies en 3 reflectiesessies

Indicative price: Free or paid by faculty

Optional: no

Language : Dutch

Available on Ufora : Yes

Online Available : Yes

Available in the Library : No

Available through Student Association : No

Type: Internship

Name: 4-day observational internship

Indicative price: € 20

Optional: no

Additional information: The cost of transport to and from the internship depends on the distance and the way of transportation, and is therefore difficult to estimate. Students choose their own internship and the way of transportation. That way, students have control over the costs related to their internship.

References

Konopasek, L., Norcini, J., & Krupat, E. (2016). Focusing on the formative: Building an assessment system aimed at student growth and development. *Academic Medicine*.

Adriaansen, M., & Caris, J. (2011). *Elementaire sociale vaardigheden*. Bohn Stafleu Van Loghum

Course content-related study coaching

Interactive support through Ufora and Plato, reflection sessions supervised by a coach, opportunities to arrange personal meetings

Assessment moments

continuous assessment

Examination methods in case of periodic assessment during the first examination period

Examination methods in case of periodic assessment during the second examination period

Examination methods in case of permanent assessment

Professional practice, Participation, Assignment

Possibilities of retake in case of permanent assessment

examination during the second examination period is not possible

Calculation of the examination mark

Work, participation and report: 70%

Behavioral evaluation on the work floor 30%

Students must pass all components in order to pass the course as a whole.

Students who score less than 10/20 on at least one of the components can no longer pass the course as a whole. In such a case, if the final score would otherwise be 10/20 or higher, it will be reduced to the highest failing grade (i.e., 9/20).

Since all coaching-trajectories start from the third week of the first semester onwards, students cannot subscribe for this course later than this date. Thus, when students are not subscribed in Plato at the start of the third week, they can not participate in the course.

Students who fail to pass this course, will follow an individualized coaching trajectory when they resume this course. The same final competencies throughout this trajectory are postulated.

Facilities for Working Students

Possibility to choose for reflection sessions and observational internship that can be combined with the working schedule.