

## Psychology of Adolescence (H002198)

**Course size** *(nominal values; actual values may depend on programme)*

**Credits 4.0**

**Study time 120 h**

**Course offerings and teaching methods in academic year 2025-2026**

A (semester 1)	Dutch	Gent	independent work lecture
B (semester 1)	Dutch	Brugge	independent work lecture
K (semester 1)	Dutch	Kortrijk	independent work lecture

**Lecturers in academic year 2025-2026**

Beyers, Wim

PP07

lecturer-in-charge

**Offered in the following programmes in 2025-2026**

	<b>crdts</b>	<b>offering</b>
Master of Science in Teaching in Languages(main subject African Languages and Cultures)	4	A
Master of Science in Teaching in Languages(main subject Applied Language Studies)	4	A
Master of Science in Teaching in Arts and Humanities (main subject Archaeology)	4	A
Master of Science in Teaching in Arts and Humanities (main subject Art History, Musicology and Theatre Studies)	4	A
Master of Science in Teaching in Science and Technology(main subject Biochemistry and Biotechnology)	4	A
Master of Science in Teaching in Science and Technology(main subject Bioengineering)	4	A
Master of Science in Teaching in Science and Technology(main subject Biology)	4	A
Master of Science in Teaching in Economics(main subject Business Administration)	4	A
Master of Science in Teaching in Economics(main subject Business Economics)	4	A
Master of Science in Teaching in Science and Technology(main subject Chemistry)	4	A
Master of Science in Teaching in Social Sciences(main subject Communication Science)	4	A
Master of Science in Teaching in Science and Technology(main subject Computer Science)	4	A
Master of Science in Teaching in Social Sciences(main subject Criminological Sciences)	4	A
Master of Science in Teaching in Languages(main subject East European Languages and Cultures)	4	A
Master of Science in Teaching in Economics(main subject Economics)	4	A
Master of Science in Teaching in Behavioural Sciences(main subject Educational Sciences)	4	A
Master of Science in Teaching in Science and Technology(main subject Engineering and Technology)	4	A
Master of Science in Teaching in Science and Technology(main subject Geography and Geomatics)	4	A
Master of Science in Teaching in Science and Technology(main subject Geology)	4	A

Master of Science in Teaching in Arts and Humanities (main subject History)	4	A
Master of Science in Teaching in Social Sciences(main subject Laws)	4	A
Master of Science in Teaching in Languages(main subject Linguistics and Literature)	4	A
Master of Science in Teaching in Science and Technology(main subject Mathematics)	4	A
Master of Science in Teaching in Health Sciences(main subject Medical Sciences)	4	A
Master of Science in Teaching in Arts and Humanities (main subject Moral Sciences)	4	A
Master of Science in Teaching in Languages(main subject Oriental Languages and Cultures)	4	A
Master of Science in Teaching in Health Sciences(main subject Pharmaceutical Sciences)	4	A
Master of Science in Teaching in Arts and Humanities (main subject Philosophy)	4	A
Master of Science in Teaching in Science and Technology(main subject Physics and Astronomy)	4	A
Master of Science in Teaching in Social Sciences(main subject Political Science)	4	A
Master of Science in Teaching in Economics(main subject Public Administration and Management)	4	A
Master of Science in Teaching in Health Sciences(main subject Social Health Sciences)	4	A
Master of Science in Teaching in Social Sciences(main subject Sociology)	4	A
Master of Science in Teaching in Health Sciences(main subject Veterinary Medicine)	4	A
Master of Science in Teaching in Physical Education	4	A
Master of Science in Business Economics (main subject Accountancy)	4	A
Master of Science in Business Economics (Double Degree)(main subject Accountancy)	4	A
Master of Science in Electrical Engineering (main subject Communication and Information Technology )	4	A
Master of Science in Electromechanical Engineering(main subject Control Engineering and Automation)	4	A
Master of Science in Business Economics (Double Degree)(main subject Corporate Finance)	4	A
Master of Science in Business Economics (main subject Corporate Finance )	4	A
Master of Science in Business Engineering(main subject Data Analytics)	4	A
Master of Science in Business Engineering (Double Degree)(main subject Data Analytics)	4	A
Master of Science in Electromechanical Engineering(main subject Electrical Power Engineering)	4	A
Master of Science in Electrical Engineering (main subject Electronic Circuits and Systems)	4	A
Master of Science in Business Engineering (Double Degree)(main subject Finance)	4	A
Master of Science in Business Engineering(main subject Finance)	4	A
Master of Science in Electromechanical Engineering(main subject Maritime Engineering)	4	A
Master of Science in Business Economics (Double Degree)(main subject Marketing)	4	A
Master of Science in Business Economics (main subject Marketing)	4	A
Master of Science in Electromechanical Engineering(main subject Mechanical Construction)	4	A
Master of Science in Electromechanical Engineering(main subject Mechanical Energy Engineering)	4	A
Master of Science in Business Engineering (Double Degree)(main subject Operations Management)	4	A
Master of Science in Business Engineering(main subject Operations Management)	4	A
Master of Science in Biomedical Sciences	4	A
Master of Science in Chemical Engineering	4	A
Master of Science in Chemical Engineering	4	A
Master of Science in Civil Engineering	4	A
Master of Science in Civil Engineering	4	A
Master of Science in Economics	4	A
Master of Science in Economics (Double Degree)	4	A
Master of Science in Electromechanical Engineering	4	A
Master of Science in Engineering Physics	4	A
Master of Science in Engineering Physics	4	A
Master of Science in Fire Safety Engineering	4	A
Master of Science in Materials Engineering	4	A

Master of Science in Mathematics	4	A
Master of Science in Mechanical and Electrical Systems Engineering	4	A
Master of Science in Sustainable Materials Engineering	4	A
Master of Science in Teaching in Languages (abridged programme)(main subject African Languages and Cultures)	4	A, B, K
Master of Science in Teaching in Languages (abridged programme)(main subject Applied Language Studies)	4	A, B, K
Master of Science in Teaching in Arts and Humanities (abridged programme)(main subject Archaeology)	4	A, B, K
Master of Science in Teaching in Arts and Humanities (abridged programme)(main subject Art History, Musicology and Theatre Studies)	4	A, B, K
Master of Science in Teaching in Science and Technology (abridged programme)(main subject Biochemistry and Biotechnology)	4	A, B, K
Master of Science in Teaching in Science and Technology (abridged programme)(main subject Bioengineering)	4	A, B, K
Master of Science in Teaching in Science and Technology (abridged programme)(main subject Biology)	4	A, B, K
Master of Science in Teaching in Economics (abridged programme)(main subject Business Administration)	4	A, B, K
Master of Science in Teaching in Economics (abridged programme)(main subject Business Economics)	4	A, B, K
Master of Science in Teaching in Science and Technology (abridged programme)(main subject Chemistry)	4	A, B, K
Master of Science in Teaching in Social Sciences (abridged programme)(main subject Communication Science)	4	A, B, K
Master of Science in Teaching in Science and Technology (abridged programme)(main subject Computer Science)	4	A, B, K
Master of Science in Teaching in Social Sciences (abridged programme)(main subject Criminological Sciences)	4	A, B, K
Master of Science in Teaching in Languages (abridged programme)(main subject East European Languages and Cultures)	4	A, B, K
Master of Science in Teaching in Economics (abridged programme)(main subject Economics)	4	A, B, K
Master of Science in Teaching in Behavioural Sciences (abridged programme)(main subject Educational Sciences)	4	A, B, K
Master of Science in Teaching in Science and Technology (abridged programme)(main subject Engineering and Technology)	4	A, B, K
Master of Science in Teaching in Science and Technology (abridged programme)(main subject Geography and Geomatics)	4	A, B, K
Master of Science in Teaching in Science and Technology (abridged programme)(main subject Geology)	4	A, B, K
Master of Science in Teaching in Arts and Humanities (abridged programme)(main subject History)	4	A, B, K
Master of Science in Teaching in Social Sciences (abridged programme)(main subject Laws)	4	A, B, K
Master of Science in Teaching in Languages (abridged programme)(main subject Linguistics and Literature)	4	A, B, K
Master of Science in Teaching in Science and Technology (abridged programme)(main subject Mathematics)	4	A, B, K
Master of Science in Teaching in Health Sciences (abridged programme)(main subject Medical Sciences)	4	A, B, K
Master of Science in Teaching in Arts and Humanities (abridged programme)(main subject Moral Sciences)	4	A, B, K
Master of Science in Teaching in Languages (abridged programme)(main subject Oriental Languages and Cultures)	4	A, B, K
Master of Science in Teaching in Health Sciences (abridged programme)(main subject Pharmaceutical Sciences)	4	A, B, K
Master of Science in Teaching in Arts and Humanities (abridged programme)(main subject Philosophy)	4	A, B, K
Master of Science in Teaching in Science and Technology (abridged programme)(main subject Physics and Astronomy)	4	A, B, K
Master of Science in Teaching in Social Sciences (abridged programme)(main subject Political Science)	4	A, B, K
Master of Science in Teaching in Economics (abridged programme)(main subject Public	4	A, B, K

Administration and Management)		A, B, K
Master of Science in Teaching in Health Sciences (abridged programme)(main subject Social Health Sciences)	4	A, B, K
Master of Science in Teaching in Social Sciences (abridged programme)(main subject Sociology)	4	A, B, K
Master of Science in Teaching in Health Sciences (abridged programme)(main subject Veterinary Medicine)	4	A, B, K
Master of Science in Teaching in Arts and Humanities (abridged programme)	4	A, B, K
Master of Science in Teaching in Languages (abridged programme)	4	A, B, K
Master of Science in Teaching in Behavioural Sciences (abridged programme)	4	A, B, K
Master of Science in Teaching in Economics (abridged programme)	4	A, B, K
Master of Science in Teaching in Health Sciences (abridged programme)	4	A, B, K
Master of Science in Teaching in Physical Education (abridged programme)	4	A, B, K
Master of Science in Teaching in Science and Technology (abridged programme)	4	A, B, K
Master of Science in Teaching in Social Sciences (abridged programme)	4	A, B, K

## Teaching languages

Dutch

## Keywords

Psychology, adolescence, development, school

## Position of the course

This course adds to the realization of the basic competencies for teachers as described in the program of teacher education and on <https://www.ugent.be/nl/opleidingen/educatievemaster>.

## Contents

After first defining adolescence as a period of life, the psychological consequences of the major changes in the biological, social and cognitive realms that take place during adolescence (12-22 years) are described. As a result of these changes, young people discover new possibilities in several important domains of development. The main trends in development are described in detail for three of these domains (sexuality, identity and moral development).

In separate chapters the psychosocial development of adolescents will be examined, including changing relationships with parents and peers.

Next, problems that teachers might be confronted with are discussed, including both internalizing problems and externalizing problems (drug use and delinquency).

Finally, themes that relate to various aspects of adolescents' life world and youth cultures are discussed.

## Initial competences

The general academic starting competencies that can be expected from an academic bachelor and master

## Final competences

- 1 To be able to define adolescence as a specific life stage at the biological, cognitive and social level
- 2 To have insight in the most important developments regarding biological development, sexuality, cognition, identity, autonomy, and emotional and moral development during adolescence.
- 3 To develop a positive vision on adolescents and be able to defend it.
- 4 To have insight in changes in the relationships with parents and peers during adolescence, and the interaction between these two contexts.
- 5 To have insight in problem behavior during adolescence, to the extent a teacher is confronted with
- 6 To have knowledge about 1<sup>st</sup> line counseling and help for young people.
- 7 To understand the consequences of these developmental changes for young people's behavior and functioning at school.
- 8 As a teacher to stand in class with enough knowledge about young people, in order to become and intentional teacher, taking into account their developmental level and needs.

## Conditions for credit contract

Access to this course unit via a credit contract is unrestricted: the student takes into consideration the conditions mentioned in 'Starting Competences'

## Conditions for exam contract

Access to this course unit via an exam contract is unrestricted

## Teaching methods

Lecture, Independent work

## Extra information on the teaching methods

**Students in the normal learning-trajectory** follow this course in lectures and through independent work of a number of texts.

For one topic, identity development, no lecture is provided. Instead, students will be offered an online learning path followed by an on campus workshop.

The **student-teachers - teachers in training - in a LIO-trajectory** have to realize the above-mentioned goals and competences through an alternative portfolio-trajectory. The assignments are elaborated in a manual. There are a number of contact-moments, intervision and coaching. A full LIO-trajectory includes a teaching assignment of minimal 500 hours (this corresponds with teaching assignment of 12 hours a week). Students with an assignment between 200 and 500 hours participate in the LIO-trajectory on a part-time basis. A candidate with a LIO-trajectory of less than 200 hours (this corresponds to a teaching assignment of less than 5h per week) is not admitted to the portfolio-trajectory. The student then has to follow the normal learning-trajectory.

This course is open for **incoming Erasmus students**. They study the course topics by means of self-tuition and three individual or small-group seminars, based on a selection of chapters from Feldman R. S. (2008). *Adolescence*. Upper Saddle River, NJ: Pearson Education. Exam takes place at the end of each semester, and consists of 40 multiple choice questions.

## Study material

Type: Handbook

Name: Slot, N. W., & van Aken, M. (2019). *Psychologie van de adolescentie: Basisboek* (26ste geheel herziene druk). Utrecht: Thieme Meulenhoff.

Indicative price: € 51

Optional: no

Language : Dutch

Author : Wim Slot & Marcel van Aken (editors)

ISBN : 978-9-00610-561-2

Online Available : No

Available in the Library : Yes

Available through Student Association : No

Usability and Lifetime within the Course Unit : regularly

Usability and Lifetime within the Study Programme : regularly

Usability and Lifetime after the Study Programme : regularly

Additional information: Is for sale before the first classes in the foyer of Auditorium 2 FPPW

## References

- Slot, N. W., & van Aken, M. (2019). *Psychologie van de adolescentie: Basisboek* (26ste geheel herziene druk). Utrecht: Thieme Meulenhoff. (ISBN 9789006105612).
- Bradt, L., Pleysier, S., Put, J., Siongers, J., & Spruyt, B. (2019). *Jongeren in cijfers en letters 4: Bevindingen uit de JOP-Monitor 4, de JOP-Kindmonitor en de JOP-Schoolmonitor 2*. Leuven/Den Haag: Acco.
- Feldman R. S. (2008). *Adolescence*. Upper Saddle River, NJ: Pearson Education.

## Course content-related study coaching

- A number of collective and individual guidance sessions for LIO-students.
- Interactive support using Ufora.
- Training for MC-exams during courses.
- Feedback available shortly after exam period.

## Assessment moments

end-of-term and continuous assessment

## Examination methods in case of periodic assessment during the first examination period

Written assessment with multiple-choice questions

## Examination methods in case of periodic assessment during the second examination period

Written assessment with multiple-choice questions

## Examination methods in case of permanent assessment

Assignment

**Possibilities of retake in case of permanent assessment**

examination during the second examination period is possible

**Extra information on the examination methods**

**Only end-of-term evaluation (exam with MC questions) for students in the normal learning-trajectory.** Students get clear exam instructions and tips during the lectures. On Ufora a list of sample questions is available as a self-test, with feedback on the answers. The **student-teachers** (teachers in training) in a LIO-trajectory are evaluated on a permanent basis. These student-teachers (teachers in training) in a LIO-trajectory are evaluated on the basis of their assignments.

**Calculation of the examination mark**

Students who eschew one or more parts of the evaluation can no longer pass the course. Final scores will be reduced to the highest non-deliberative quotation (7/20) in case the final score is higher.

**Facilities for Working Students**

Participation in extra exams