

## Oceans and Human Health (I002604)

**Course size** *(nominal values; actual values may depend on programme)*

<b>Credits</b> 3.0	<b>Study time</b> 90 h	<b>Contact hrs</b> 30.0h
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**Course offerings and teaching methods in academic year 2022-2023**

A (semester 1)	English	Gent	integration seminar	5.0h
			guided self-study	10.0h
			self-reliant study activities	5.0h
			lecture	15.0h

**Lecturers in academic year 2022-2023**

Asselman, Jana	LA22	lecturer-in-charge
Janssen, Colin	LA22	co-lecturer

**Offered in the following programmes in 2022-2023**

	<b>crdts</b>	<b>offering</b>
<a href="#">Bachelor of Science in Environmental Technology</a>	3	A
<a href="#">Master of Science in Bioscience Engineering: Environmental Technology</a>	3	A
<a href="#">Master of Science in Environmental Science and Technology</a>	3	A
<a href="#">Exchange Programme in Bioscience Engineering: Environmental Technology (master's level)</a>	3	A
<a href="#">Exchange Programme in Bioscience Engineering: Land and Forest management (master's level)</a>	3	A

**Teaching languages**

English

**Keywords**

Blue growth, Ocean health and stressors, Human health; Coastal populations; climate change

**Position of the course**

The marine environment contributes significantly to human health through the provision and quality of the air that we breathe, the food we eat, the water we drink, and in offering health-enhancing, economic and recreational opportunities. For millennia, humans have been dependent on seas and oceans as a source of food and a means of transportation. Yet, the oceans and coastal seas are like a double-edged sword when it comes to interactions with human health. Natural events such as hurricanes, severe storms and tsunamis can have devastating impacts on coastal populations, while pathogens and toxic waste can cause illness and death. In terms of productivity (lost working days), the overall global burden of human disease caused by sewage pollution of coastal waters has been estimated at 4 million lost person-years annually. On the positive side, the oceans provide humans with many benefits including food for around a third of the global population, the air that we breathe and our climate system which enables habitation of much of the planet. The marine environment can also be the source of potential health benefits through the provision of healthy food, novel pharmaceuticals and related products derived from marine organisms, as well as through a contribution to general well-being from a close association with the coastal environment (i.e. recreational and psychological benefits, or the Blue Gym effect). The marine environment is also under pressure from human activities such as transport, industrial processes, agricultural and waste management practices. Evaluation and management of the resultant impacts, on both marine ecosystems themselves, and on human health, have largely been undertaken as separate

activities, under the auspices of different disciplines with no obvious interaction. Hence, many relationships between the marine environment and human health are still relatively unexplored, leaving critical knowledge gaps for those seeking to develop effective policies for the sustainable use of marine resources and environmental and human health protection.

## **Contents**

This course aims at describing and illustrating the fundamental and applied concepts of the emerging research and development field of Oceans and Human Health (OHH). This includes insights, fundamental science and applications to elucidate and understand how marine ecosystems impact human health and vice versa. This course aims at mobilizing interdisciplinary competencies and ensuring that the necessary scientific and technical capabilities are transferred. The complex and causal interconnections between the marine environment and ecosystem and human health require a systems approach addressing all levels of organization from genes to ecosystems. Such an integrated systems approach - which will be presented applied in this course - will draw on the skills and expertise of many scientific disciplines including the social and economic sciences. Topics will focus on both threats and benefits of marine ecosystems for human health, including aquaculture, harmful algal blooms, ocean acidification, pollution, Blue Gym Effect, sea spray.

### **LECTURES (1.5 ECTS)**

Part of the knowledge will be conveyed through lectures, including principles and basics of oceans & Human health, introduction to threats and opportunities within oceans and human health.

### **BLENDED LEARNING SESSIONS (INTEGRATION SEMINAR) (1 ECTS)**

Part of the knowledge will be made available via free online available material (video's from lecturers, presentations at conferences, publications, reports). This will focus on new ground-breaking topics relevant to Oceans & Human Health. During blended learning sessions this material will be discussed and argued in small groups to increase the insight and understanding

### **PROJECT ASSIGNMENT(0.5 ECTS)**

Students can choose a topic related to the course content as an assignment for a critical opinion and analysis of the topic.

## **Initial competences**

General and basis knowledge of biology, ecology, physics and chemistry. This course builds on the content of Applied marine ecology if you did not follow this course or an equivalent course, you can still follow Oceans and Human Health but an additional effort (reading some background material) might be required.

## **Final competences**

- 1 Understand the main processes driving the relationship between marine ecosystem health and human health.
- 2 Discuss consequences of human activities in marine ecosystems.
- 3 Discuss how changes in marine ecosystems lead to consequences for human health
- 4 Identify threats and opportunities of blue economy activities to oceans and human health interactions
- 5 Develop strategies to further strengthen the positive human health impact of oceans

## **Conditions for credit contract**

Access to this course unit via a credit contract is determined after successful competences assessment

## **Conditions for exam contract**

This course unit cannot be taken via an exam contract

## **Teaching methods**

Guided self-study, Lecture, Self-reliant study activities, Integration seminar

## **Learning materials and price**

Lecture presentations & additional material for self-study will be available via Ufora;

## **References**

**Course content-related study coaching**

Oral presentations, discussions in groups (of different sizes), guided excursions, contact hours for individual guidance upon request.

**Assessment moments**

end-of-term and continuous assessment

**Examination methods in case of periodic assessment during the first examination period**

Written examination, Oral examination

**Examination methods in case of periodic assessment during the second examination period**

Written examination, Oral examination

**Examination methods in case of permanent assessment**

Participation, Assignment

**Possibilities of retake in case of permanent assessment**

not applicable

**Extra information on the examination methods**

- \* End of term assessment: Written examination on content of the lectures, oral examination related to project
- \* Continuous assessment
- \* self-study, blended learning and Q&A session: participation of the student in the blended learning and preparatory assignments

**Calculation of the examination mark**

End of term assessment: 50%; continuous assessment (self-study, participation at Q&A, preparatory assignments): 50%;  
Students who eschew continuous or end of term assessment may be failed by the examiner.